# Pre-Health Opportunities 2017-2018

### PRE-MEDICAL

\*\*Are the opportunities that Pepperdine students choose most often)

### <u>MALIBU</u>

**Esperance Center\*\*** Work on campus with disabled adults – Thursdays on Alumni Field (12 noon to 1 pm) and Fridays at the Pepperdine Pool (9 to 10 am). This is a great way to get involved when you do not have a car. The students meet these adults to work on golf (Thursdays) or swimming (Fridays). You do not need to have any skill at the activity in order to participate. Just go down and show up any week you like in order to get started.

For more information call: Office: (310) 457-6052 or Fax: (310) 457-1416 or e-mail: admin10@verizon.net

**Student Health Center** On campus – they do take volunteers for help. Find their contact information online or visit them in person. SHAB (Student Health Advisory Board) is also a good thing to belong to. The Student Health Center is located in RHO Parking Lot - Towers Road The campus shuttle will stop at the Health Center (advise the driver on boarding).

Hours of operation: Monday - Friday, 8:00a.m. - 5:00p.m. For more information call: (310) 506-4316 (option 3 for operator) or go to <u>http://community.pepperdine.edu/healthcenter/</u>

**Language Connection** Teach English to Spanish-speaking immigrants at the Labor Exchange located 1 mile away from campus! Contact the Pepperdine Volunteer Center at (310) 506-4143 for additional information or go to the website:

http://www.pepperdine.edu/volunteercenter/opportunities/weekly/languageconnection.htm

BUT why not get paid for your clinical work instead of volunteering. Consider the following:

<u>Malibu Urgent Care – http://www.malibuurgentcare.com/</u>. Definitely hires our students to work as receptionists and other clerical jobs. 23656 Pacific Coast Hwy, Malibu, CA 90265 (310) 456-7551

**Dr. Janet Vafaie** – dermatologist is Malibu employs our students in her office. Information about her practice can be found at <u>https://www.losangeles-dermatologist.com/about-dr-vafaie</u>. Contact her Westwood or Malibu office to see if they have any openings.

**Primary Caring** - Dr. David P. Baron has employed our students in the past. For more information call: 310.456.6505, fax: 310.456.8105, or email: info@primarycaring.com 22601 Pacific Coast Highway, Suite 240 Malibu, CA 90265

**Scribes**<sup>\*\*</sup> - You must work 2 shifts per week (8 hours each) in the emergency room with ER physicians doing the scribe (or written) work for them. It is fantastic work that will make you so knowledgeable and increase your chances for acceptance. AND you get paid!!

- 1. PhysAssist Scribes (<u>https://www.iamscribe.com/be-a-scribe/</u>)
- 2. Scribe America (<u>http://www.scribeamerica.com/</u>)
- 3. ProScribe (<u>https://www.proscribemd.com/apply/</u>)
- 4. Scribe Connect (<u>http://www.scribeconnect.com</u>)

**EMT** (Emergency Medical Technician) or Phlebotomist (takes blood samples) are also great – they require a certification received in many programs in hospitals, schools etc. Just Google them and the area you want to go for training. The training is normally 40 hours of class and 40 hours of clinical work.

**<u>CNA\*\*</u>** (Certified Nurse Assistant) requires more hours of training BUT it is easier to find work. They work in hospitals and care facilities to assist nurses in their work. The training programs are a little bit harder to find but again just Google them. Once you are trained it is EASY to find work even on a part time basis. You can even work in Malibu at the Drug Treatment centers or in private duty.

And the paid job of becoming a **Standardized Patient** for a medical school (search for the particular medical school you are interested in and see if they offer this opportunity). <u>http://www.npr.org/blogs/health/2014/09/01/343177147/pretending-to-be-a-medical-patient-pays-off-for-this-teen</u>

# SANTA MONICA

# Care Extenders – Santa Monica & Ronald Reagan UCLA Medical Centers\*\*

Care Extenders are volunteers who are pre-health professional students seeking to gain experience in the health care field. Applicants go through a competitive application review, interview process and training program before they are assigned to patient care areas, such as Radiology, Intensive Care, Cardiac Catheterization, Labor & Delivery, and Emergency Room. The program is a unique volunteer internship that is designed for hard-working, self-motivated individuals who have a commitment to learning about the health care field and serving their community. The commitment to the program is one year (four rotations). Each rotation lasts a quarter of a year, and is spent in a different department. There is one shift a week consisting of four hours. There is a two-week vacation allowable once during the year, and 12 weeks of leave that may be taken at any time, but must be made up. Recruitment occurs every January, April, July, and October. For more information, call the number below.

Tel: (424) 259-8165 or e-mail CareExtender@mednet.ucla.edu

More details and answers to questions about the CE program can be found at <u>https://www.uclahealth.org/careextender/care-extender-program</u>

# Santa Monica Red Cross

Volunteers select and are assigned to a service or department based on need and each volunteer's interest, availability and capabilities. Think you don't have any skills of offer? You'd be surprised. And, if you need training, we'll provide it. Volunteers can work on the Bloodmobile helping registered nurses and serving refreshments, as chapter leaders, on the disaster action team on rotating call to respond to emergency situations, as health and safety instructors, or in a variety of other positions. If you would like to learn more about joining our diverse team of American Red Cross volunteers, please call the Office of Volunteers at (310) 394-3773 or fill out an application online.

http://www.redcross.org/local/california/los-angeles/community-chapters/santa-monica

1450 11th StreetSanta Monica, CA 90401Tel: 310.394.3773E-mail: click on "contact us" on website to send message

# LOS ANGELES

# USC University Hospital/Keck Medicine of USC

The adult volunteer program offers a wide range of possibilities to college students whether they are interested in the medical field or just simply have a desire to serve. Volunteers will assist the medical staff in a variety of different settings depending on their skills and preferences. Each volunteer must fill out an application and attend a two-day orientation. A thirty-minute interview will determine area of placement. Volunteers are required to serve 75 hrs. per year and most volunteers choose to serve 4 hours each week. Volunteer opportunities are available in all of USC's many medical facilities from the Gift Shop to the Spine Center. For a more detailed list, visit their website. For information regarding the next information

session (attendance required for volunteers) use the contact information below. The orientations are held the first Wednesday and Thursday of every month.

http://www.keckmedicine.org/volunteer/

Keck Hospital of USC 1500 San Pablo St. Los Angeles, CA 90033 Tel: 323-442-8919 Fax: 323-442-8672

### Children's Hospital Los Angeles\*\*

Founded in 1901, Children's Hospital Los Angeles has been treating the most seriously ill and injured children in Los Angeles for more than a century, and it is acknowledged throughout the United States and around the world for its leadership in pediatric and adolescent health. Volunteers play an extremely vital role at Children's Hospital Los Angeles in helping us to serve the children and families who come here for care. Whether you volunteer behind the scenes or work with patients, you'll make an important difference. There are a variety of differing volunteer opportunities – to explore them type "volunteer opportunities" into the search bar of the website. In order to volunteer you must go through an application process that takes at least a month. Volunteers are needed during the week from 9am to 5pm and must complete about 2hrs/week for 6 months in order to complete 100 hours total.

For more information see the website:

http://www.chla.org/site/c.ipINKTOAJsG/b.3761949/k.7ED9/Volunteer in our Hospital.htm#.VADF7Ev vUds or (323) 361-2371

4650 Sunset Boulevard, Los Angeles, CA 90027 Email: <u>volunteers@chla.usc.edu</u>

### Cedars-Sinai Health System

https://www.cedars-sinai.edu/About-Us/Volunteer-Opportunities/Programs/

8700 Beverly Blvd., Suite 2403 Los Angeles, CA 90048 Phone: 310-423-8044 Fax: 310-423-0452

#### **Orthopaedic Institute for Children Hospital**

https://ortho-institute.org/ways-to-give/our-volunteers/volunteer-opportunities

403 West Adams Blvd., Los Angeles, CA 90007 Tel: (213) 742-1000

### Venice Family Clinic\*\*

The Clinic Assistant Program at the Venice Family Clinic allows students to have direct patient contact, take vital signs, clean up and set up the exam room. The wait list for this opportunity is about 6 months. However, there are plenty of other volunteer opportunities available while the volunteer waits to be a clinic assistant. Students can read to patients, do administrative work at the front desk, call center, and many other areas here at the clinic. If the student proves to be a hard worker and reliable, he or she can be fast-tracked to the top of the wait list. Flexible schedules are preferred as hours range depending on position but most require about 3-4 hours per week for four months. Find out more information at the website: <a href="http://www.venicefamilyclinic.org/volunteers/apply">http://www.venicefamilyclinic.org/volunteers/apply</a> and/or contact Cassie Roque at 310.664.7561, <a href="http://croque@mednet.ucla.edu">croque@mednet.ucla.edu</a>.

604 Rose Ave. Venice, CA 90291

#### Drew University Science Saturdays\*\*

Students teach underserved children (kindergarten to high school) science in the morning hours on Saturdays at the Drew University campus, which is located in Compton California. Contact information is on their Website as well as a good explanation of what it the program does. If you have any interest in going to Drew/UCLA University Medical School this is one of the best ways to make the contacts that will get you an interview <sup>©</sup>. They do have to do a criminal background check on you so apply EARLY. Website: <a href="http://www.cdrewu.edu/community/ssa">http://www.cdrewu.edu/community/ssa</a> (CAN'T FIND THIS)

# Health Scholar Program

This program is offered in conjunction with UCLA's Fielding School of Public Health, which provides participants with a hands-on patient care experience at one of their 14+ hospital locations. As a Health Scholar, these individuals come from various backgrounds and interests (nursing, pre-med, allied health and health administration) to gain experience in a hospital setting, learn how to provide comfort care to patients by supporting nursing staff and building bedside manner, identify possible mentors and observe various procedures that affirm their desire to move into health care.

Website: <u>http://copehealthscholars.org/prospective-applicants/clinical-care-extender-prepstep-health-care-scholar</u>

# SAN FERNANDO VALLEY

### **Motion Picture and Television Hospital**

The Motion Picture and Television Fund is an organization dedicated to providing health services those who have been employed in the entertainment business. The MPTF hospital is located in Woodland Hills and has opportunities for students to volunteer even if they are not associated with entertainment. Volunteer opportunities include assisting residents and patients with manicures, reading, dining needs, mail distribution, occupational therapy, arts and crafts, errands and card games. Volunteers must attend an orientation in order to apply. Call for the next available orientation date. Find out more information at http://www.mptf.com/volunteer.

23388 Mulholland Drive Woodland Hills, CA 91364 Tel: 855-760-6783

### Sherman Oaks Hospital & Health Center

The Sherman Oaks Hospital is a non-profit health center that provides medical and surgical services to its surrounding communities. It is internationally known as the Grossman Burn Center, the largest burn center in the U.S. Volunteers at the hospital will have the chance to assist those who are sick and suffering in the hospital. Students will be placed in areas where their skills, talents, interests, and abilities would best match a department's need for a helping hand.

Some areas may include: food services, clerical assistance, nursing/patient care units, patient escorts, and art therapy among others. Volunteers are required to work 4 hours a week for 3 months after completing the orientation and application process.

Sherman Oaks Hospital 4929 Van Nuys Boulevard Sherman Oaks, California 91403 Tel: (818) 981-7111

# **Northridge Hospital**

Pride, fulfillment, friendship, and knowledge are only a few of the personal rewards that can be discovered as a volunteer. The dedicated service of the Northridge Hospital volunteers has a profound and positive effect on many areas of the hospital. Most volunteer shifts are four hours long. Scheduling is flexible. You will be eligible to receive a letter of recommendation and documentation of community service after the completion of 100 hours of service. To become a volunteer, or to find out more information, please contact the volunteer office. Volunteers can work in patient transport, as a surgery liaison, in the gift shop, as general ambassadors among many others. See the website for more details on positions. Northridge Hospital Medical Center

18300 Roscoe Blvd Northridge, CA 91328 Tel: (818) 885-8500 ext. 2961 Website: https://www.dignityhealth.org/socal/locations/northridgehospital/about-us/volunteer-opportunities

### Valley Presbyterian Hospital

Please contact Director of Volunteer Services Virginia Napoles at (818) 902-2932 or virginiarivero.napoles@valleypres.org

15107 Vanowen St. Van Nuys, CA 91405 Phone: (818) 902-3930 https://www.valleypres.org/For-Community/Ways-to-Give/Volunteer.aspx

# VENTURA COUNTY (THOUSAND OAKS AREA)

# <u> Conejo Valley Free Clinic – Thousand Oaks</u>

The mission of the Conejo Free Clinic is to provide health and legal services to people who may have no other access to such care, without regard to ability to pay. On March 17, 1976, the Conejo Community Services Center opened its doors as a not-for-profit organization offering medical, legal and counseling services to those in the community who could not afford private care. The Center has been an active part of the community ever since, growing and adapting to community needs. Last year the 98 volunteers gave over 5000 hours to serve over 5500 people. The medical services offered include: family practice clinics, women's clinics, pediatric clinics, anonymous HIV testing and counseling, immunization clinics, the women, infants, and children program, and pregnancy tests. If you are interested in volunteering please call the clinic at: (805) 379-1918.

Thousand Oaks, CA. 91360 Tel: (805) 379-1918 http://conejofreeclinic.org/staff-and-volunteers.php

# <u>St. John's Regional Medical Center (Oxnard\*\*) and Pleasant Valley Hospital</u> (Camarillo)

Student volunteer programs and a Clinical Care Extender program are available.

https://www.dignityhealth.org/central-coast/locations/stjohnsregional/ways-to-give/volunteering

### Los Robles Regional Medical Center - Thousand Oaks

Los Robles Medical Center provides many opportunities for its more than 500 student volunteers. Volunteer opportunities at the Los Robles Regional Medical Center include "floaters" which run errands and generally help out wherever they're needed, "patient pals" which read to the patients and attend to their comfort, gift shop workers, surgery desk positions in which volunteers interact with patients and families before and after surgery, as well as many others. Students are required to volunteer 4 hours a week during morning, afternoon, or evening shifts up to 8pm. Saturday and Sunday hours are available. Students are required to submit an application and attend an orientation. Orientations are held each month. To apply fill out an online application at their website listed below:

215 West Janss Road Thousand Oaks, CA 91360 Tel: (805) 370-4685 Website: <u>https://losrobleshospital.com/community/volunteer-activities.dot</u>

# <u> Community Memorial Hospital – Ventura</u>

When you volunteer at Community Memorial Hospital you may choose to work directly with patients or in a non-patient setting. The hospital makes every effort to place you in an area where your abilities and creative talents shine. You will also have the opportunity to learn new skills through hands-on experience, or refine skills you haven't used for a while. Volunteer opportunities at Community Memorial Hospital include (but are not limited to): working at the information desk, escorting patients, assisting with mail services, courtesy driver, assisting in the Health Resource Center, working in the Cancer Care Center, volunteering as a friendly visitor, assisting in the Emergency or Pharmacy divisions among many others. Volunteers are expected to work 50 hours over the course of a year. The applications must be filled out and an interview must be completed **before** the orientation session. Only committed and reliable students should apply!

Community Memorial Hospital 147 N. Brent Street, Ventura, CA 93003 Tel: 805-652-5011 http://www.cmhshealth.org/how\_help.shtml

### <u>OXNARD</u>

### **Free/Low Income Health Clinics**

Magnolia Family Medical Center 2220 E Gonzales Rd Oxnard, CA 93036 (805) 981-5151 Las Islas Family Medical Group 2400 S C St Oxnard, CA 93033 (805) 240-7000

Mandalay Bay Children's Center 2000 Outlet Center Dr. #110 Oxnard, CA 93036 (805) 604-4588

### <u>DENTISTRY</u>

Dr. Joel Cortes, Malibu Road Dental is willing to have you shadow.

23706 Malibu Road Malibu CA 90265 (310) 456-6497

**Dr. Steve Stephens in Westlake Village** is willing to have you shadow. For more information visit his website <a href="http://www.docstephens.com">http://www.docstephens.com</a> or email <a href="mailto:info@docstephens.com">info@docstephens.com</a>. 2801 Townsgate Road, Suite 205 Westlake Village, California 91361 Phone: (805) 494-3231

### PHARMACY

Phillip Do, CVS Pharmacist for the CVS in Malibu is willing to have you shadow. 23805 West Malibu Rd. Malibu, CA 90265 Phone: (310) 456-9645

#### **VETERINARY**

#### Malibu Vet Clinic in Point Dume, Malibu

For more information visit the website <u>http://www.malibuvetclinic.com/</u> or call (310) 457-6453. 28990 Pacific Coast Hwy Malibu, CA 90265

Malibu Coast Animal Hospital in Cross Creek area, Malibu

For more information visit the website <u>http://www.malibuvets.com/</u> 23431 Pacific Coast Hwy Malibu, CA 90265 Phone: (310) 317-4560