

## Pepperdine University Nutritional Science Certificate Program- Individualized Supervised Practice Pathway (NSCP-ISPP)

### Program Description

The Nutritional Science Certificate Program-Individualized Supervised Practice Pathway (**NSCP-ISPP**), a certificate program only, is designed for post-baccalaureate Nutritional Science majors from both Seaver College and from an external application process of qualified individuals interested in becoming Registered Dietitians (**RD**). One route of the registration process for all individuals that have completed the requirements of a Didactic Program in Dietetics (DPD) may be to participate in an Individual Supervised Practice Pathway (**ISPP**) that is recognized by the Accreditation Council for Education in Nutrition and Dietetics (**ACEND**) of the Academy of Nutrition and Dietetics (**AND**). The NSCP-ISPP at Seaver College will be a traditional residential experience for each student. This program will offer field service volunteer experiences and associated professional/academic education in therapeutic nutrition, community nutrition, public health nutrition, and foodservice management. The NSCP-ISPP will be completed during a 10-month rotation that will include 1248 internship hours at locations located within a 60-mile radius of Malibu. Oversight for the program will be administered by qualified preceptors, staff, and faculty. This certificate program is designed for those preparing for the registration examination to become a Registered Dietitian, and graduate/professional programs in dietetics, nutrition, wellness, health, nursing, medicine foodservice management, and public health. Upon completion of the NSCP-ISPP, a Certificate of Completion will be offered. The Certificate of Completion from this program and the Verification Statement received from completing an accredited **DPD** will allow the individual to be eligible to take the Registration Examination for Dietitians. Once the registration examination is passed, then the individual will earn the credential, RD (Registered Dietitian), and become entry-level prepared.

The NSCP-ISPP provides two concentration areas in both service and leadership.

### Admission Requirements

A bachelor's degree in nutrition with an overall and major GPA of 3.00 is required. Those who have completed their bachelor's degree in another discipline AND have completed the undergraduate DPD nutrition requirements are also eligible. In addition, a Verification statement signed by the DPD Director from **ACEND** of the **AND** must be provided for review of application. One must have submitted an acceptable application in the past 5 years to DICAS through a previous national match and been unmatched to any supervised practice program. ISPP candidates should meet the minimum standards of Pepperdine University.

*"Effective January 1, 2024, the Commission on Dietetic Registration (CDR) will require a minimum of a master's degree to be eligible to take the credentialing exam to become a registered dietitian nutritionist (RDN). In order to be approved for registration examination eligibility with a bachelor's degree, an individual must meet all eligibility requirements and be submitted into CDR's Registration Eligibility Processing System (REPS) before **12:00 midnight Central Time, December 31, 2023**. For more information about this requirement visit CDR's website: <https://www.cdrnet.org/graduatedegree>. In addition, CDR requires that individuals complete coursework and supervised practice in program(s) accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND).*

## **Application Deadline**

The application deadline is **April 15th, 2021**.

## **Mission of Nutritional Science Certificate Program-Individualized Supervised Practice Pathway (NSCP-ISPP)**

The mission of the NSCP-ISPP program at Pepperdine University is to provide a strong supervised practice experience to educate and prepare our students to be highly competent and culturally sensitive dietetic professionals in compliance with external accreditation by the Council of Accreditation for Nutrition and Dietetics education (CAND), of the Academy of Nutrition and Dietetics (AND). The curriculum is designed to meet the student learning outcomes and competencies for entry-level Registered Dietitians. The learning environment is structured to promote an appreciation for life-long learning, purposeful self-reflection, effective problem solving, and teamwork.

The Christian mission of Pepperdine serves as a foundation to our approach of serving others through the field of Dietetics, a helping profession, devoted to the health and well-being of our bodies which are described in I Corinthians 6:19 as temples of the Holy Spirit. In this program we seek to integrate our faith with our practice by utilizing talents God has given each of us (Romans 12:6). Through a purposeful selection of the rotations needed to complete the supervised practice hours, students will be provided with learning environments within our community where they can develop their God given talents as they serve others and exert a positive influence in our community.

James 2:14 asks, "What good is it, my brothers, if a man claims to have faith but has no deeds?" In fulfilling Pepperdine's mission, our program will strive to instill a passion for a life of service and leadership. Both within the hours spent in the classroom and the hours spent in supervised practice, strengthening the students' passion for service and leadership will be at the forefront. Whether a student is caring for a person battling diabetes, teaching other students the importance of serving on a clinical team, or engaging in some other activity, service and leadership are a priority of our program.

In that God has made each of us individually, we seek to promote an environment that respects the diversity of humanity. Empathy and compassion are at the center of healthcare, and we hope to encourage and enhance these characteristics in our students. As future professionals in the field of nutrition, while promoting healthful living, our students will be exposed to diverse populations and experiences to build this respect for others.

In both the field experience and the didactic hours within the classroom, our aim is to nourish each student by developing his or her intellect and strengthening his or her character and faith.

## **Program Learning Outcomes (PLOs) and Outcomes Measures**

A student who successfully completes the NSCP-ISPP should be able to:

- 1. Secure employment and/or gain acceptance into graduate programs, or professional schools related to both the fields of Nutrition and Dietetics;**
  - a. Over a five-year period, 70% of NSCP-ISPP students will seek employment in dietetics-related positions within three months of completing the program.
  - b. During the first year of employment, program graduates will be ranked by at least 75% of employers as above average in professional knowledge and skills as compared to other entry level Registered Dietitians.
  - c. Over a five-year period, 95% of employed students who respond to the alumni survey will rate themselves as prepared or well prepared for their first position of employment.
- 2. pass the registration examination to become a Registered Dietitian; and,**
  - a. Over a five-year period, 90% of NSCP-ISPP students will successfully complete the registration examination on the first try.

**3. be committed to community service and leadership.**

- a. 100% of faculty members will indicate they participate in one or more community service activities.
- b. Over a five-year period, 70% of current students will participate in community service activities.
- c. Over a five-year period, 79% of current students will become leaders in community service activities.
- d. Over a five-year period, 50% of students will indicate on an alumni survey that they participate in one or more community service and leadership activities.

**ISPP Rotations, Intern Hours, and NSCP Certificate Requirements**

**Clinical/Nutrition Therapy Rotation – 16 weeks and 512 hours**

Students will spend 12 weeks in an acute care hospital gaining experience in the areas of cardiology, diabetes care, oncology, pediatrics, geriatrics, renal and dialysis care, maternal nutrition, obesity management, and tube and parenteral feedings. The final 2 weeks are spent as staff relief. Students will provide nutrition screenings, assessment of patients, and nutrition education. An additional 2 weeks will be spent at a long-term care facility and 2 weeks in an outpatient clinical setting.

**Clinical Staff Relief Experience – 2 weeks and 64 hours (included in total clinical hour)**

The student will spend 2 weeks serving as the staff Dietitian in a selected facility.

**Community Rotation – 10 weeks and 320 hours**

Community nutrition will involve spending 10 weeks at various facilities to gain patient education experience in community/public health nutrition. Some examples of these areas include: Women, Infants, and Children (WIC) Special Supplemental Nutrition Program, Head Start, Project Angel Food, University athletic and sports nutrition departments, outpatient clinics in diabetes, wellness centers, Boys and Girls Clubs of America, senior nutrition programs, Los Angeles Regional Food Bank, and University health centers.

**Food Service/Management – 10 weeks and 320 hours**

Students will spend 10 weeks in food service management to gain experience in the areas of menu planning, food preparation and production, food purchasing and management systems. The facilities chosen for this area are university food services, including Malibu campus food service, hospital food services, and school food service.

**Self-Select Rotation – 2 weeks and 64 hours**

This rotation allows the student to choose an area of their interest to complete 64 hours. Some specialized areas include as sports nutrition, renal, pediatric nutrition, diabetes and wellness. Facility must be approved prior to participation.

**Service/Leadership – 1 week 32 hours**

The program concentration is service and leadership. Students will complete 32 hours of service to the community by volunteering at health fairs, outreaches, and community health events. In addition, each student will attend the public policy workshop in Sacramento for leadership in nutrition.

**TOTAL hours: 1248**

**Additional hours:** There will be a week and a half (8 days) of orientation prior to beginning the rotations in August.

Students will be required to attend a weekly (Mondays) seminar course with the NSCP-ISPP Director and other NSCP-ISPP participants to include further education in the areas of cultural sensitivity training, clinical terminology, professionalism, communication and written skills, emerging trends, and counseling skills. The seminar class includes presentations by professionals in the field of Dietetics on their areas of expertise to provide students with additional learning forums.

In addition, one 4-unit course is required in the fall and spring, to provide additional learning experiences in the areas of leadership and community and clinical nutrition for a total of 8 units in the fall, 8 units in the spring, 4 units in May session and 4 units in June session.

Fall: Nutr 610 Advanced Seminar (4) and Nutr 440 Community Nutrition and Counseling (4)

Spring: Nutr 611 Advanced Seminar (4) and Nutr 660 Clinical Nutrition (4)

May: Nutr 612 Advanced Seminar (4)

June: Nutr 613 Advanced Seminar (4)

Students are required to attend the Annual Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition (FNCE), the California Dietetic Association (CDA) Conference, and the Public Policy Legislation Day.

The 10-month program begins at the end of August for orientation and is completed at the end of June.

### **Cost of the Program**

Though the overall 2020-2021 tuition cost for the NSCP-ISPP is \$43,440, each accepted applicant will receive a \$10,000 scholarship paid over 3 semesters yielding an actual out-of-pocket cost of **\$33,440**.

This is based on tuition of \$1,810 per unit, (total 24 units) = \$43,440 (**actual out of pocket- \$33,440**).

This cost includes the following:

Academy of Nutrition and Dietetics Conference - \$1000

One additional conference in California– \$100-\$200

Public Policy Legislation Day - \$100

Personalized lab coat - \$50

Background Check - \$50

RD Exam Review materials - \$385

Federal Student Financial Aid is not available for the ISPP program, however, you may seek financial aid through private loans.

**Scholarship/stipend opportunities will be made available throughout the program year for admitted students.**

Estimated additional expenses and costs for the student (all fees are approximate and may vary):

- Housing Costs - It is the responsibility of the student to secure housing prior to starting the program. The expense of housing is the responsibility of the student. It is recommended that interns find housing within a one-hour commute of campus as sites will be within 60 miles of campus.
- Transportation and parking – On campus parking is free as are most of the parking facilities at sites.
- Auto insurance must be carried during the supervised practice and a car is required to complete the supervised hours (variable)
- Medical insurance (variable) Insurance is available through the University for an additional fee
- Professional liability insurance (\$35) 2 million per incident/5 million per year

- Housing and living costs (approximately \$1000/month)
- Books and supplies (\$300-400)
- California Food Handlers Card (\$10)
- AND student membership (\$50)
- Health physical and immunizations (variable)
- Drug/alcohol screening (required as part of clinical rotation) (\$50)
- Miscellaneous personal needs (variable)

### **Rotation Schedule and Calendar**

Students will complete approximately 32 hours of supervised practice at their rotation sites Tuesday-Friday. They will attend 6 hours of class time with other students and the Program Director and additional faculty on Mondays.

There are three weeks of vacation, two at Christmas/Winter break and one in the Spring.

Observed holidays are as follows:

1. Labor Day
2. Thanksgiving Holiday (Thursday and Friday)
3. Christmas Day
4. New Year's Day
5. Martin Luther King, Jr. Day
6. Memorial Day

If the student is scheduled to work on an "observed" holiday, another day will be given off.

For the complete Pepperdine Seaver College calendar, click on the following link:

<http://seaver.pepperdine.edu/academics/calendar>

### **Program Completion**

To receive a certificate of completion from the NSCP-ISPP program students must complete all 1248 supervised practice hours, meet all competencies for each area of practice, complete all coursework and projects, and attend all classes on campus. Once completed, the Program Director will submit verification statements to the Commission on Dietetic Registration for eligibility to sit for the Registered Dietitian examination.

### **Contact Information**

For more information about the Nutritional Science Certificate Program please contact the NSCP-ISPP Director, Sunnie DeLano, M.S., R.D. at [sunnie.delano@pepperdine.edu](mailto:sunnie.delano@pepperdine.edu).

*The material and information included in these documents is provided to prospective students for general informational purposes only. Pepperdine University reserves the right to revise the schedule and expenses, as it deems necessary.*