

## Student Success Center

# ONLINE LEARNING

COLLEGE DURING COVID-19

### 1. Stay connected.

Not only will you be learning online, but your campus community is still available to you. Professors and peers are just a click or message away via email or Zoom, and support services will be functioning remotely, including peer tutoring, academic coaching, and writing tutoring. Plan to check email up to three times a day, but not excessively.

### 2. Set a schedule.

Now more than ever, you'll benefit from maintaining a sense of normalcy. Set your alarm, get ready for your day, and write down your plans. You'll feel better for having done so, and likely increase your motivation.

Schedule Template

	Scheduled Activities	Course Tasks	Personal/ Self-care
8 am			Shower, Breakfast
9 am	Remote lecture		
10 am		Read Chapter 3	

### 3. Designate study space.

By setting up a study spot, you signal to yourself that it's time to focus and create a necessary boundary between class and life. Even if it's just a corner of your bedroom, carving out space for classwork frees up mental space and reaffirms your ability to be a successful student at home.

### WHAT'S INSIDE

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How to succeed with online learning

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What you can do to improve productivity

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Resources for students

### 4. Plan time to focus.

The digital space can be notoriously distracting, but by scheduling bursts of productivity, you allow yourself to focus on the task at hand. Try the [Pomodoro Technique](#) by working for 25 minutes at a time, followed by 5-minute breaks, and adjust as needed. Through realistic and strategic time management, you can find the rhythm that works best for you and be intentional about your productivity.

### 5. Stay Accountable.

Many people thrive on community and accountability, so take part in productive interactions whenever possible. Join online tutoring sessions, schedule an academic coaching appointment, or ask a friend or family member to check in with you at a certain time of day to ensure that you're engaged in your schoolwork.

## 6. Collaborate.

Even though you're physically apart, you can still work with your classmates. You may benefit from creating a shared Google doc for asking questions and contributing insights. When it comes to exams, collectively writing practice test questions or contributing to a shared study guide can be an effective means of preparation. Students are also encouraged to hold study groups using Zoom.

## 7. Unplug.

Just because your classes are online doesn't mean that you can't disconnect. Try creating a schedule with pen and paper, taking notes by hand, or printing out course readings so that you can read and annotate text away from your computer and phone. It's important to give your body and mind a break from screens, and doing so can help you process and retain new information.

## 8. Maintain balance.

You may be indoors, but you can still maintain balance by exercising, socializing (through remote communication), and keeping up hobbies you can do on your own, like playing a musical instrument, reading for fun, etc.

## 9. Adjust to online formats.

Stick to your instructor's schedule as much as you can. If you are in a different time zone, please let your professors know your situation so that they can offer alternatives. Additionally, make sure you know how to ask questions and participate in class. Should you use the Zoom chat feature? Take part in a discussion forum? Finally, be sure to close distracting tabs and apps when you are engaged in online learning.

**Unsure of who to ask or which resource to turn to? Get in touch with us at [studentsuccesscenter@pepperdine.edu](mailto:studentsuccesscenter@pepperdine.edu) or 310.506.4947 and we will respond/direct you as needed.**

## Resources

- [Student Success Center](#)
- [Writing Center](#)
- [Office of Student Accessibility](#)
- [Counseling Center](#)
- [Health Center](#)

## Tech Support

- [Zoom Basics](#)
- [Zoom Guide for Students](#)
- [Tech Central](#)

## Helpful Links

- [Studenting While Quarantined](#)
- [Movement and Learning](#)
- [Netiquette for Online Students](#)
- [6 Time Management Tips for Online Students](#)